



The VPS Continuous Improvement Network invites you to a special luncheon seminar hosted by CIN Chair Jim Betts, featuring:

## **Don Tolman**

Speaking on

### **"Alternate Perspectives on Health & Learning."**

Don Tolman is an author, public speaker, trainer, educator, entertainer and nutritional-eating researcher. He has written multiple books on a variety of skill-specific mental functions and self-improvement topics. He has spent a lifetime researching ancient wisdom in health and learning, and as a result has profound messages about self-care and education.

Don has spoken to more than 1,000 audiences world-wide and his media credits include more than 50 radio and TV talk show appearances per year. He has been a regular guest on the Donahue Show, Entertainment Tonight and ABC Talk Radio in the US and Mornings with Kerri-Anne in Australia and the Good-Morning Show in New Zealand.

Don's revolutionary discoveries in the field of whole food nutrition have earned him the right to speak at some of the world's leading health and technology organisations such as the Massachusetts Institute of Technology, the Health Research Academy at Cornell University in New York City and the prestigious Johns Hopkins Hospital in Baltimore where he has assisted many critically ill patients to full recovery.

According to Don, we have lost the war on many diseases due to our heavy reliance on toxic, pharmaceutical drugs and a health system driven by the dollar. In doing so, we've forgotten how to trust the wisdom and power of whole foods and principles of health for avoiding disease, remaining vital and living long. Don believes that people need to become more self reliant and responsible for their own health instead of handing responsibility over to the "sick" care industry.

Don will, in a unique and engaging manner, speak to us about moving away from supplements and drugs, which can ultimately only make us sicker, and back to whole foods, clean water and air. In doing so he will provide many real life examples of how this approach has been practically applied in achieving results that have confounded health professionals.

Join us on ...

**Monday Aug 10, 2009**

**12:00pm – 2:30pm**

(Including lunch)

at

**Zinc at Federation Square  
Cnr Flinders & Swanston Sts  
(Entry via the walkway on the Yarra River)**

To register your attendance at this seminar, go to

**<http://www.vpscin.org/?p=2155>**

(Your personal information will be managed in accordance with the Victorian *Information Privacy Act 2000*.)